



Mental Health at a Glance: WHO Atlas 2024, Ukraine Spotlight



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Mental Health Atlas : monitoring the implementation of the comprehensive mental health action plan 2013-2020-2030



Objectives

- 1** To strengthen effective leadership and governance for mental health
- 2** To provide comprehensive, integrated and responsive mental health and social care services in community-based settings
- 3** To implement strategies for promotion and prevention in mental health
- 4** To strengthen information systems, evidence and research for mental health

Mental Health Atlas series :

Collect, analyze and disseminate data on mental health resources in the world mental health policies, plans, financing, care delivery, human resources, medicines, and information system

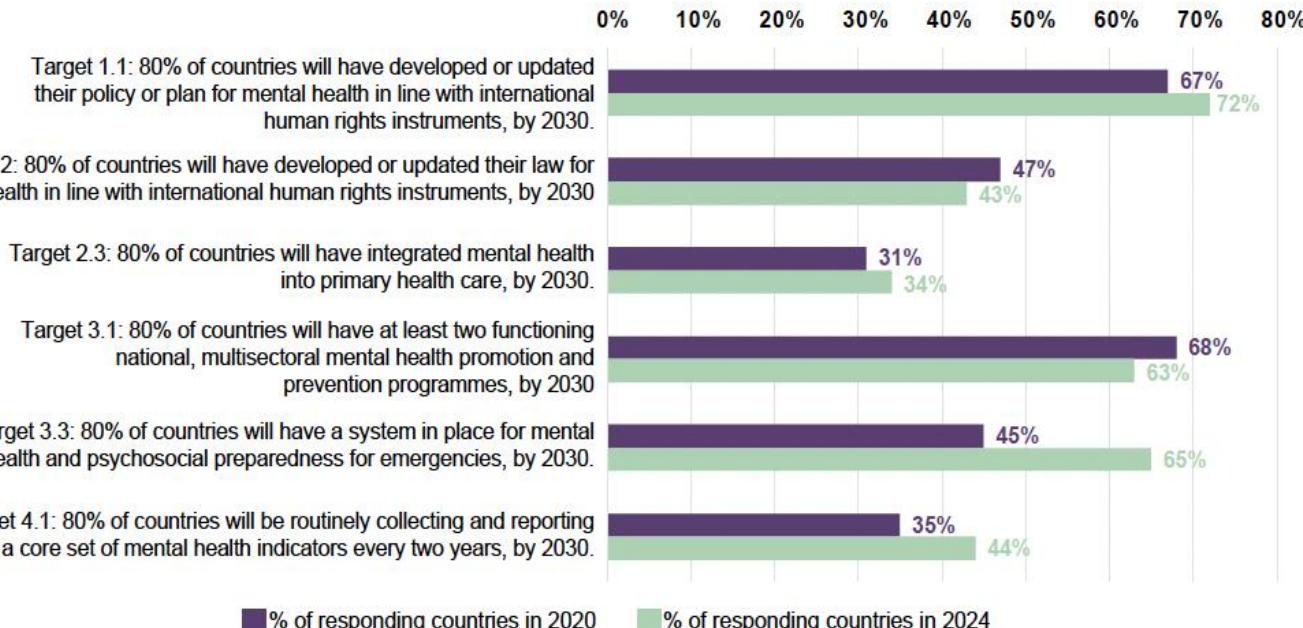
66th World Health Assembly (2013) : Instrument to measure progress of implementation of the mental health action plan ([WHA decision A66.8 2013](#)) → MH Atlas Project (MSD/WHO)

72nd World Health Assembly (2019): Extended implementation period of 2013-2020 action plan to 2030 to align with SDGs [WHA decision A72/76 2019](#)



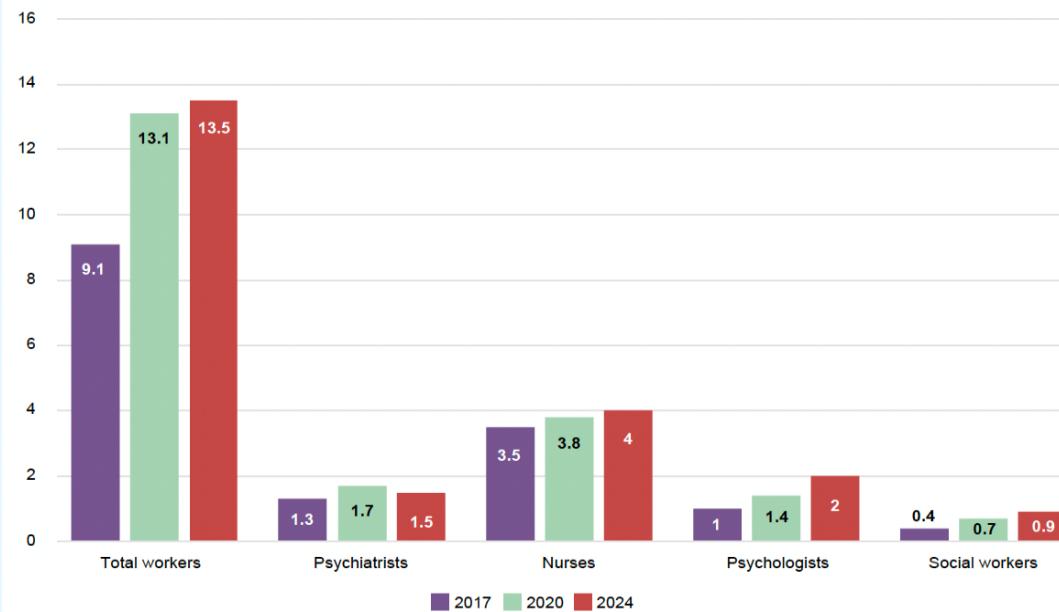
Comprehensive mental health action plan targets are not met

Figure 1. Progress in meeting national global mental health targets, 2020–2024 (percentage of responding countries)



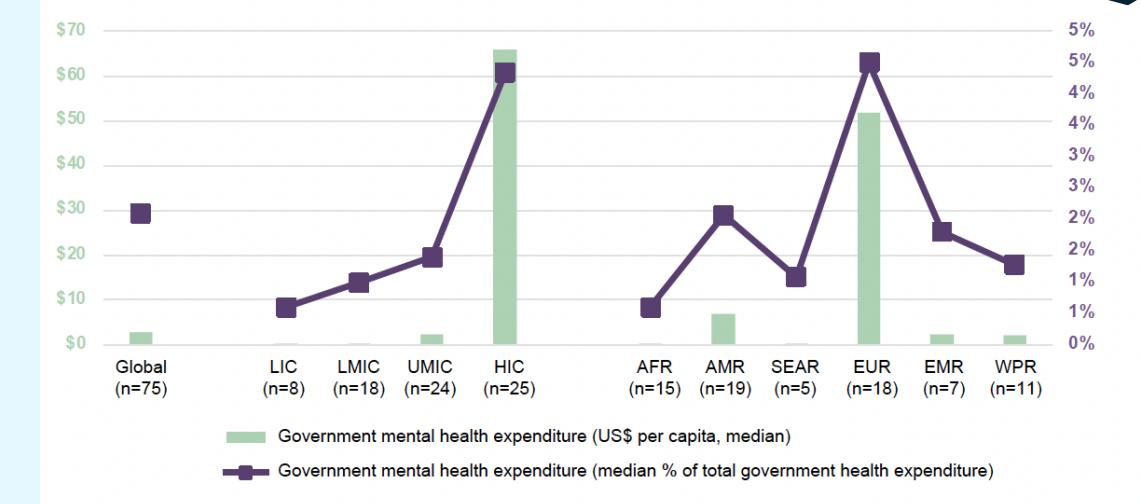
Human and financial resources remain limited

Figure 26. Mental health workforce, 2017–2024 (median number per 100 000 population)



Global median number of specialized mental health workers : **13.5 per 100 000 population**

Figure 20. Government mental health expenditure, by World Bank income group and WHO region



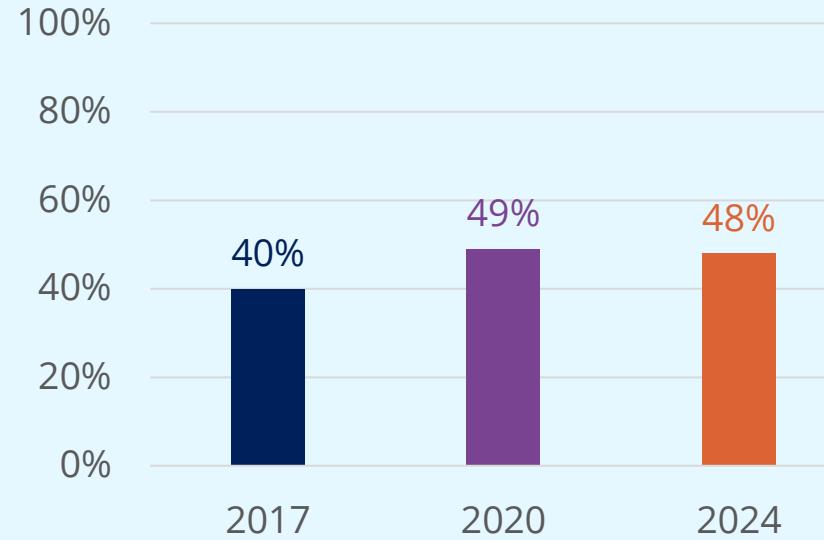
Median government spending on mental health remains at just **2% of total health budget**

UNCHANG
ED SINCE
2017

Strengthened mental health human rights compliant policies, but regression in legislation

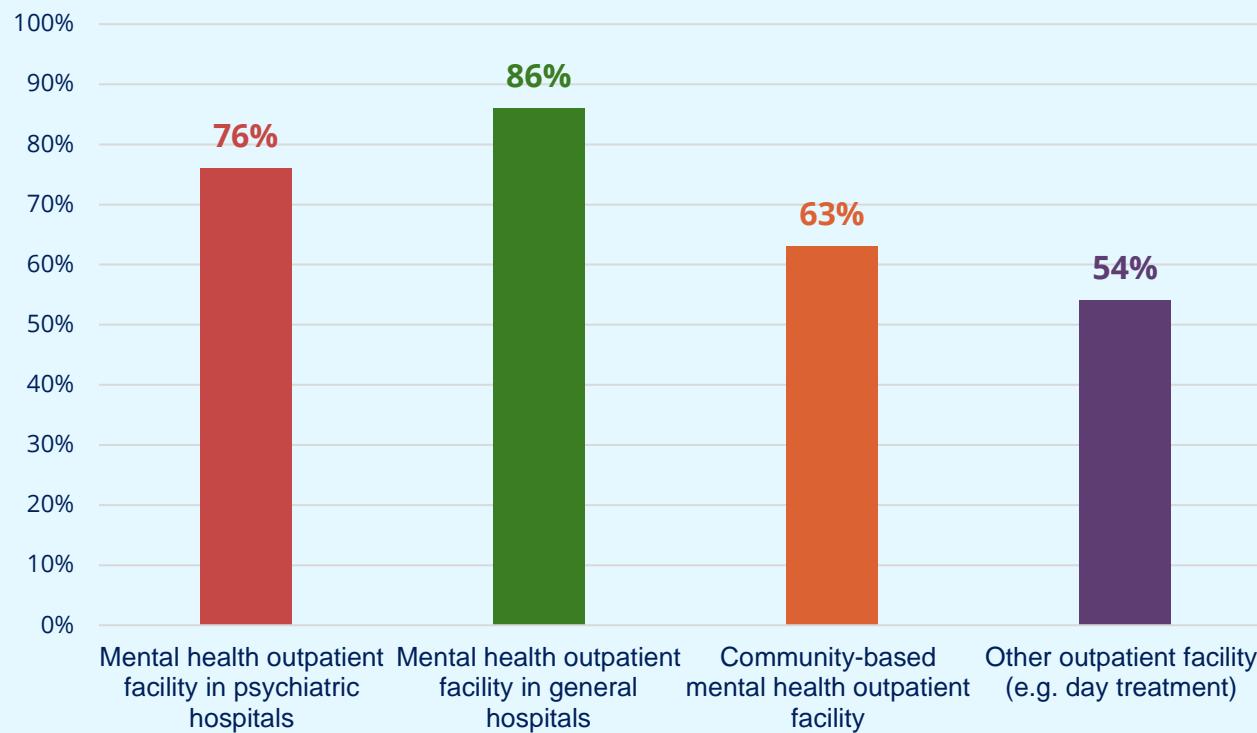


Reported full compliance of mental health policies plans with human rights instruments

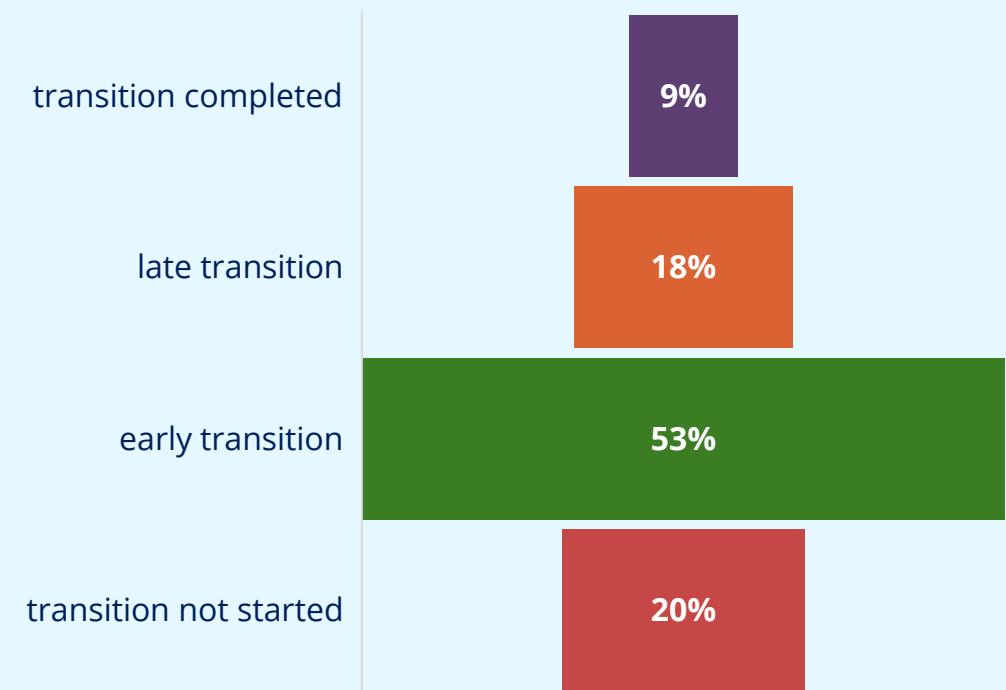


Compliance of mental health legislation with human rights instruments

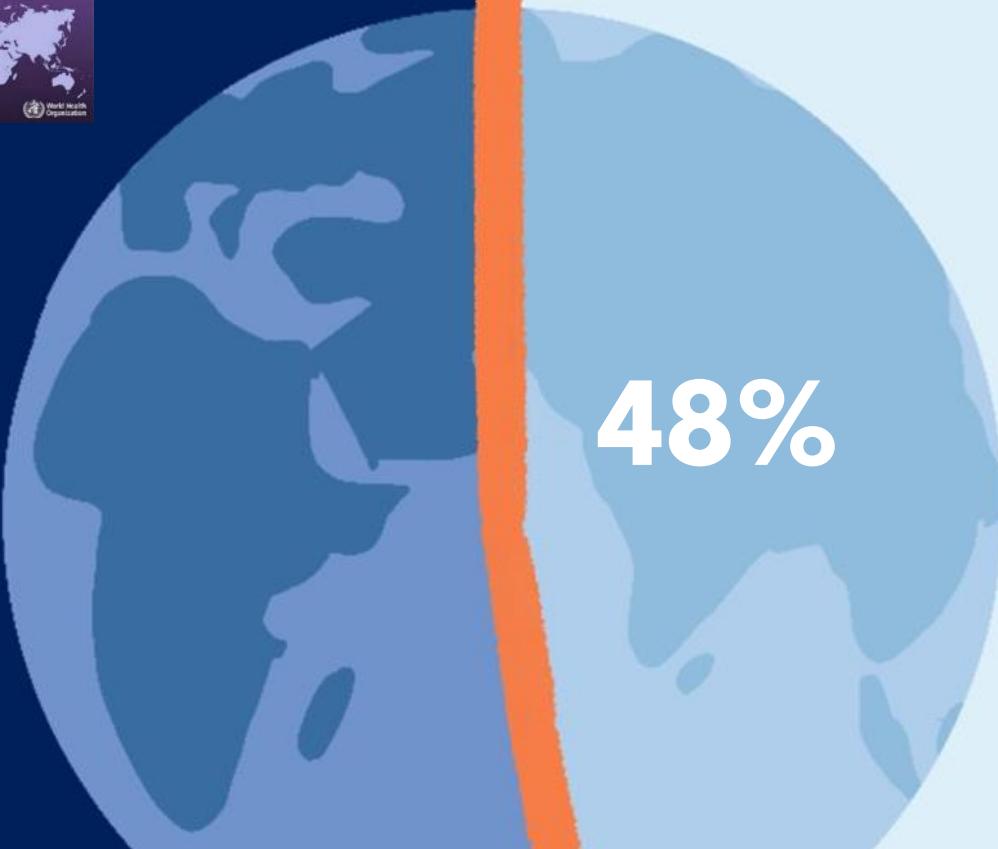
Outpatient services are available, but service reform is slow



Availability of mental health outpatient services for adults



Transition to community-based services is low
Fewer than 10% of countries have fully shifted to community-based care models.



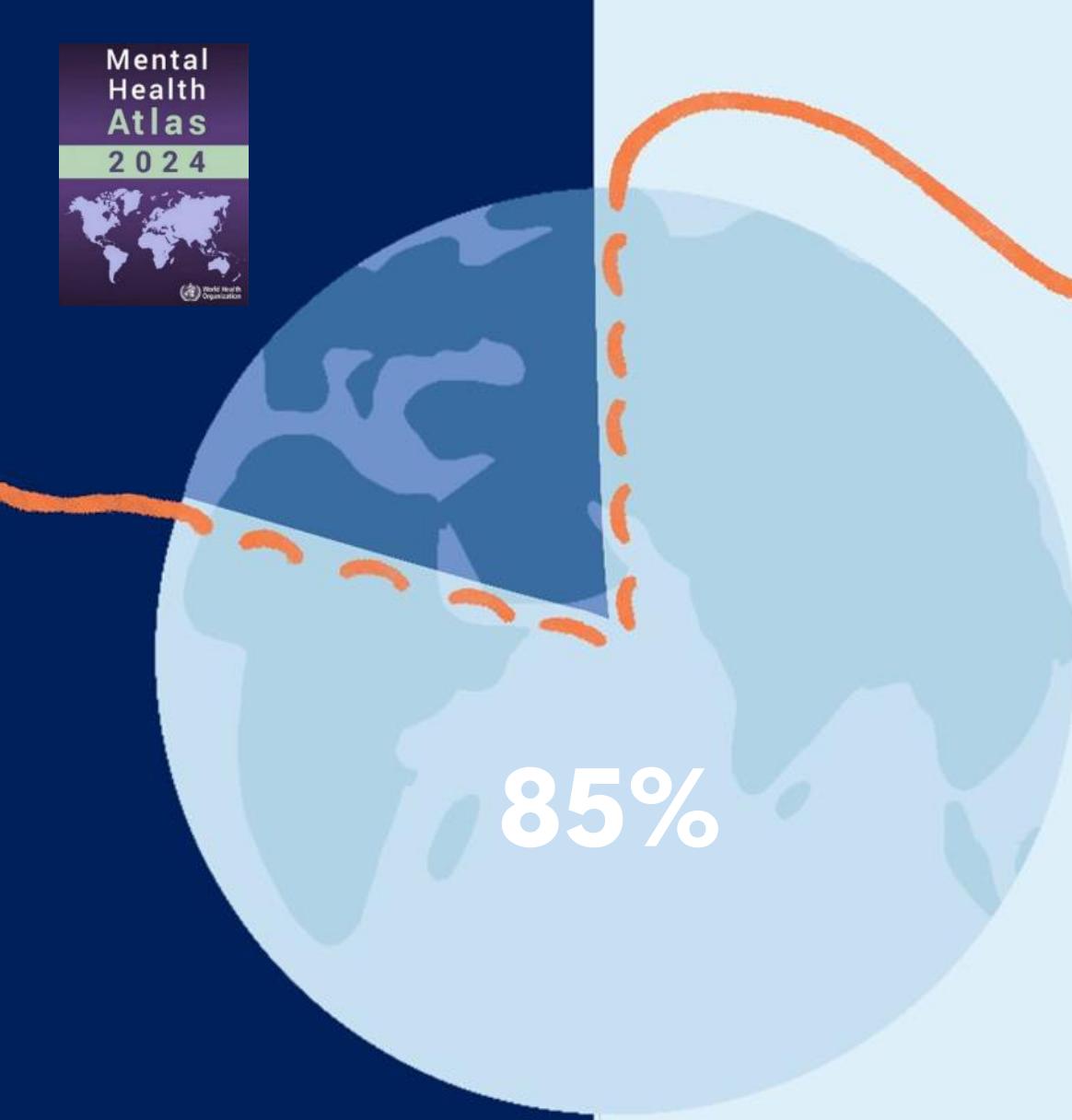
**48% of Member States
now integrate MHPSS
into preparedness plans
(up from 28% in 2019)**

Major increase supported by
WHO's Build Better Before initiative*.



* a global capacity-building workshop coupled with a multi-sectoral, full-scale, field-based simulation exercise.

- Aim: To scale up MHPSS preparedness and response capacities.
- Contact: buildbetterbefore@who.int



85% of emergencies
(and over 75% across
all WHO regions)
**deliver MHPSS as part
of the response.**

Ukraine took a unique action.

The WHA-77 Resolution represents a paradigm shift for the integration of mental health across preparedness, response, and recovery in all emergencies- Proposed by Ukraine to the world



World Health Organization

SEVENTY-SEVENTH WORLD HEALTH ASSEMBLY
Agenda item 11.2

WHA77.3
1 June 2024

Strengthening mental health and psychosocial support before, during and after armed conflicts, natural and human-caused disasters and health and other emergencies

The Seventy-seventh World Health Assembly,

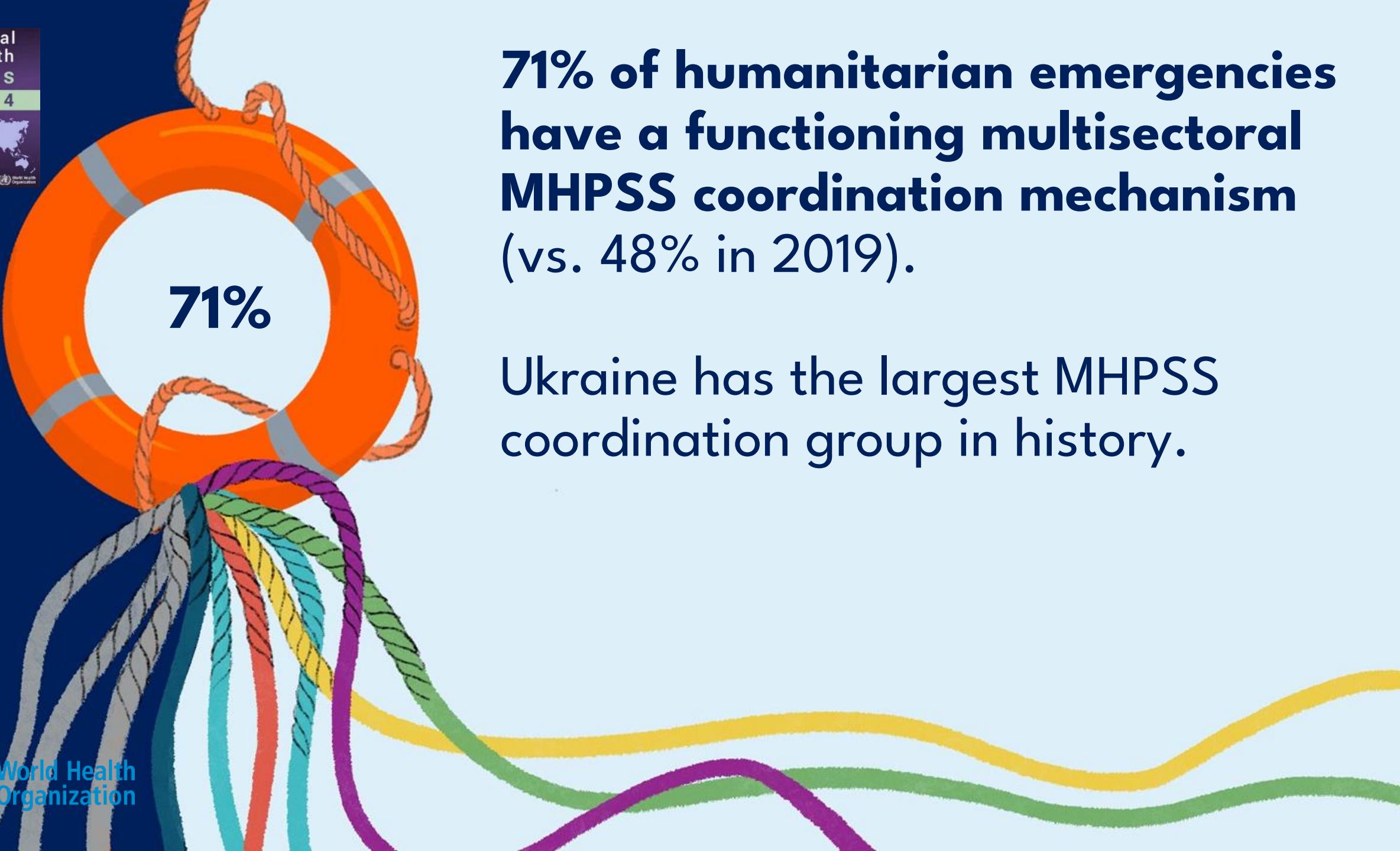
Adopted
29 May 2024



“

The 77th WHA urges Member States to... include mental health and psychosocial support as an integral component of preparedness, response and recovery activities in all emergencies and across sectors



A large orange lifebuoy is positioned on the left side of the slide. Inside the lifebuoy, the number "71%" is displayed in a white circle. Several ropes of different colors (blue, green, yellow, purple) are tied to the lifebuoy and extend towards the bottom right corner of the slide.

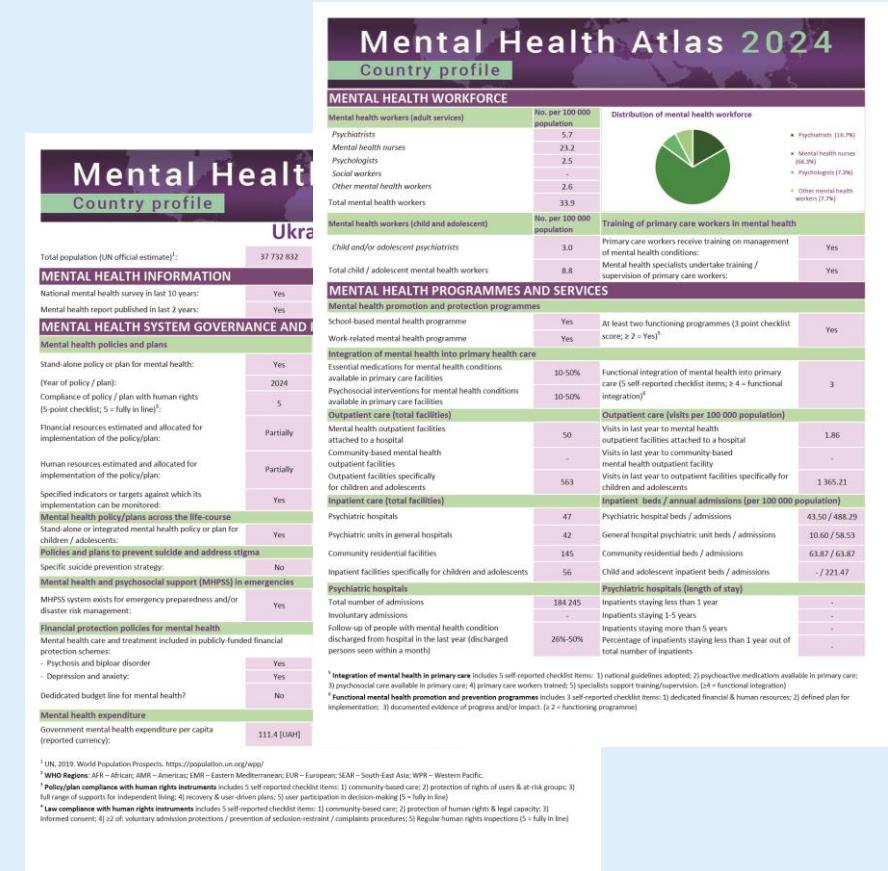
71%

71% of humanitarian emergencies have a functioning multisectoral MHPSS coordination mechanism (vs. 48% in 2019).

Ukraine has the largest MHPSS coordination group in history.

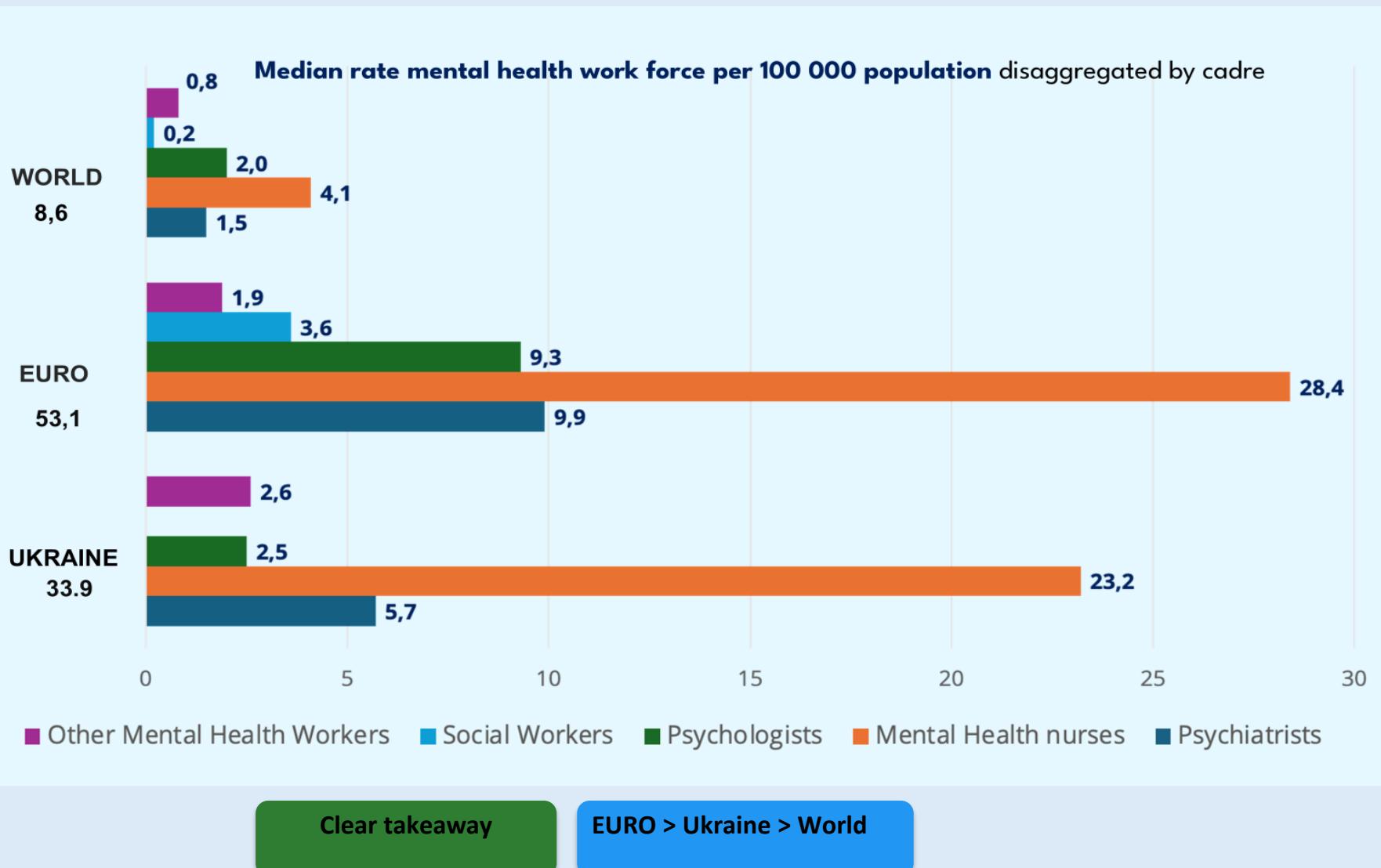
Ukraine Mental Health Atlas profile

- **MENTAL HEALTH INFORMATION**
- **MENTAL HEALTH SYSTEM GOVERNANCE AND FINANCING**
- **MENTAL HEALTH WORKFORCE**
- **MENTAL HEALTH PROGRAMMES AND SERVICES**



Median mental health workforce per 100 000 — by cadre

World 8.6 • EURO 53.1 • Ukraine 33.9



UKRAINE — quick read

Total: 33.9 per 100 000 (median).

Mental health nurses: 23.2 — largest share.

Psychiatrists: 5.7.

Social workers: 2.5; other MH workers: 2.6.

Ukraine — MH Atlas 2024: Progress vs WHO MHAP Targets

Status key:  Achieved (alignment/criteria met) •  In progress •  Positive signal

Target 1.1

Policy/plan aligned with human rights & updated

-  Achieved (alignment)
-  Implementation resourcing in progress

Target 1.2

Law aligned with human rights & updated

-  Achieved (alignment)
-  Implementation/operationalization in progress

Target 2.3

Integration of mental health into primary health care

-  Achieved (functional integration confirmed)

Target 3.1

≥2 functioning promotion & prevention programmes

-  Achieved

Target 3.3

MHPSS preparedness system for emergencies

-  Achieved

Target 4.1

Routine reporting of core MH indicators every 2 years

-  In progress (national report + digital HIS)

 Positive signals & context (MH Atlas 2024, Ukraine profile): Public financial protection includes MH; typical out-of-pocket: ≤5% for inpatient care & psychotropic medicines; 21–50% for psychological therapy & outpatient care. Government MH spend ≈2.7% of total health spend; ≈111.4 UAH per capita. Nationwide digital health records & unique IDs: Yes. Dedicated MH budget line: No.

WHO Mental Health Atlas Targets — Progress & Next Steps (Ukraine)

Targets 2.1 & 2.2 — Snapshot 2023–2025

Long path forward

Target 2.1 — Service Coverage

By 2030, service coverage for mental health conditions will have increased by at least half.

Ukraine status: rapid capacity growth (CMHTs & Resilience Centers).

Coverage measurement requires routine reporting to confirm $\geq 50\%$ increase.

Great progress

Target 2.2 — Community-Based Care

By 2030, 80% of countries will have doubled the number of community mental health facilities.

Ukraine progress: CMHTs in psychiatric hospitals $70 \rightarrow 132$ (+89%).

Resilience Centers $190 \rightarrow 312$ (+64%). Momentum toward doubling.

Ukraine snapshot (2023–2025)

Psychiatric hospitals contracted for CMHTs: $70 \rightarrow 132$ (+89%).

General health facilities with MH Centers/CMHTs (2025): 166.

Resilience Centers (social sector): $190 \rightarrow 312$ (+64%).

Way forward (2025–2030)

Lock in the community shift: expand CMHTs in general health facilities to full oblast coverage; develop step-down & home-based care.

Integrate health–social pathways: formal referrals between CMHTs and Resilience Centers; shared case management and supervision.

Measure real coverage: adopt WHO Atlas 2.1 indicator in routine systems (NHSU/MoSP); set 2023 baseline and 2026 midline.

Sustain financing & workforce: multi-year NHSU packages, protected medicines supply, and retention/CPD for CMHT staff.