

HUMAN RESILIENCE ⇌ SYSTEM RESILIENCE

2nd Mental Health Forum

in a series MOVING TOWARDS MENTAL HEALTH
SYSTEM & SERVICES OF THE FUTURE

26–28 November 2024, Kyiv

Provisional Agenda



Background

Ukraine has been going through an unprecedented, war-induced crisis since February 2022, which has an enormous toll on people's lives and puts an extraordinary load on all public sectors and services. Despite and due to the ongoing war, Ukraine has initiated the recovery efforts without waiting for the war to end and continues to implement reforms in various sectors in parallel with its emergency response.

In this context, the national mental health system has been evolved with a dual goal and aspiration: to address the imminent mental health needs created by the war and to develop a comprehensive, high-quality care system in a longer-term perspective in line with the global mental health development agenda and informed by the country's course towards European Union accession. The recently launched Target Model (2.0) of Mental Health and Psychosocial Support System in Ukraine paves the way to this transformation.

The resilience and wellbeing of people providing services in each sector are key to the success of the reforms, while resilient system and services, in turn, can facilitate the resilience of the population and enable the recovery of the country. Therefore, the All-Ukrainian Mental Health Programme initiated by Olena Zelenska, supported by the WHO and partners, continues to put an individual at the centre of the whole mental health development agenda in Ukraine.

Goal and Format

This Forum is the second in a series launched by the Mental Health Coordination Center of the Cabinet of Ministers of Ukraine and World Health Organization with the «How are you?» program to reflect on the progress and elaborate on the further development of the country's mental health system. It is designed as an open, multi-sectoral and multi-stakeholder platform for sharing views and experience, mutual learning, networking, and gaining inspiration for further transformations. For this purpose, the Forum will bring together representatives of governmental agencies and public sectors, UN agencies, national and international non-governmental organizations, emergency response and development partners, people with lived experience, service providers, and other stakeholders.

This year, the Forum will continue to promote the multi-sectoral nature of the mental health system prioritizing cross-cutting topics such as coordination, legislation, task shifting/sharing, interdisciplinarity, supervision, peer support, mental health awareness raising and fostering a culture of self-help, as well as research to inform decision-making. Establishment of a network of quality mental health services will continue to be a key topic of the Forum this year with a special attention to new Community Mental Health Centres. The Forum will also elaborate on the resilience of mental health service providers and the mental health system, as well as on the overall wellbeing of the Ukrainian population.



The event will host presentations, workshops, discussion platforms, interactive zones in various thematic sections, performances, "marketplace" and other engaging event formats.

Logistics and Security

The event will be held in a hybrid format with in-person and online participation. Please note that in-person participation is limited by the venue's occupancy capacity. When the in-person capacity is reached, you will be offered on-line participation.

The working languages of the Forum are Ukrainian and English with simultaneous interpretation. Ukrainian sign language interpretation will be also provided.

Participants are encouraged to inform the Forum organizers of any specific accommodations they may require to fully participate in the event.

We closely monitor the security situation and do our best to ensure safe and smooth Forum activities.

The final agenda along with other logistics and security details will be shared closer to the event date.

Please contact ukr_forum@who.int for additional information as needed.

Forum Partners

The Forum is being held with the support of the Netherlands, Canada and France.

Provisional Agenda

Day 1 (26 November 2024)

(GMT+2)

Main Hall

8:00–10:00 Registration

Intro

10:00–11:00 Opening & Welcoming

Part I

Which sector matters when building a person-centred mental health system in a crisis and recovery context?

In 2022, in response to the increasing war-induced mental health needs of the population, and at the initiative of the First Lady Olena Zelenska, the Government of Ukraine launched the All-Ukrainian Mental Health Programme and made a series of consecutive steps towards establishing an intersectoral approach to mental health. The process started with establishing the Intersectoral Coordination Council under the Prime Minister of Ukraine and Mental Health Coordination Center of the Cabinet of Ministers of Ukraine; and followed by advancing sectoral mental health programming at both national and oblast levels, building a network of oblast and rayon level coordinators, and bridging the efforts of the government, supported by UN agencies, development and humanitarian partners, and other non-governmental actors in coordination of emergency response and mental health system development. These developments were also informed and inspired by exchanges of experience with mental health systems and services in Belgium, Italy, the USA, Denmark, the UK, Poland, and Canada, supported by WHO.

This session will elaborate on the progress and lessons learned by Ukraine in different sectors in advancing its mental health system in line with the global mental health development agenda and addressing the increasing needs of its population affected by the ongoing war.

11:00–13:15 Panel discussion: Health Sector

Panel discussion: Sector of Veteran Policy

Panel discussion: Education Sector

13:15–14:15 Lunch and Networking 🍴

14:15–16:40 Panel discussion: Social Protection Sector

Presentation: Security Sector

Panel discussion: Informal Services in the Communities

Part II

What is needed to achieve and sustain a multisectoral and intersectoral approach when building a mental health system?

Reflecting on the findings of the sectoral developments, this session will elaborate on the key actions needed ensuring mental health leadership at all levels in all sectors, having a strong coordination system, and building partnerships, among others.

16:40–17:15 Summary presentation

17:15 Summary and closure of the day
Briefing on the Day 2 and Day 3

Day 2 (27 November 2024)

Time (GMT+2)	Main Hall	Hall 1	Hall 2	Hall 3
	Health sector in focus	Selected inter-sectoral topic		Research to inform system & services development
10:00–11:30	<p>Community Mental Health Centres (CMHCs): An emerging service model in Ukraine</p> <p>The CMHCs service model was introduced in Ukraine in 2024, based on experience of the community mental health teams service model (CMHTs) launched earlier in 2021, various grassroots initiatives to establish mental health centres, and the experience of other countries such as Italy, Denmark and the UK, among others.</p>	<p>Trauma-informed Approach & Communication: What everyone needs to know</p> <p>This session will provide practical information and tools on trauma-informed approach and communication that can be widely applicable in the context of the ongoing war in Ukraine.</p>	<p>Peer Support in Ukraine: Current application and further opportunities</p> <p>This session will explore the concept of peer support, which is especially relevant in the context of shortage of mental health professionals in Ukraine, highlighting current experiences and setting the stage for further scaling-up and institutionalizing this approach in Ukraine.</p>	<p>The Lancet Psychiatry Commission on mental health in Ukraine</p> <p>Informed by the global consensus on the need to prioritise academic collaboration and guide the development of mental health systems and services by research and evidence, The Lancet Psychiatry Commission has prepared a report with recommendations for mental health services, education, research, human rights, and financing in Ukraine.</p>

Participants of the “morning” and the “afternoon” sessions are invited to attend the Panel discussion “Transforming mental health system & services at times of crises” at the end of the Day 2

11:30–12:00 **Coffee break ☕**

12:00–13:00	<p>National Consultation on the Draft Law on the Mental Health Care System in Ukraine</p> <p>The work on the Law started in 2023 at the initiative of the people's deputies, specifically of the Committee on Public Health, Medical Assistance and Medical Insurance of the Verkhovna Rada of Ukraine, with technical and analytical support from the Coordination Center for Mental Health of the Cabinet of Ministers of Ukraine. The first draft of the Law was registered on 13.09.2024. The National Consultation hosted by the Forum aims to provide an open platform for discussing the current version of the draft Law with various stakeholders including people with lived experience, professional association and civil society organizations to reach a consensus on key articles and provisions and provide a consolidated consensus-based feedback for the draft to be submitted for the next reading.</p>	<p>What is the role of Supervision in mental health care?</p> <p>Supervision is vital for ensuring high-quality mental health care; however it remains largely unavailable for mental health care providers in Ukraine. This session will explore the topic of supervision from different perspectives and specialization levels, introducing good practices and tools with an aspiration for institutionalization of this practice as an integral part of the mental health system.</p>	<p>Coordination of networks of mental health services at the regional level</p> <p>In Ukraine, a network of coordinators of mental health and psychosocial support services is being developed at the level of oblasts and communities. This section will reveal the content of this initiative and familiarise with the functions and tasks of such a coordinator</p>
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Day 2 (27 November 2024)

Time (GMT+2)	Main Hall	Hall 1	Hall 2	Hall 3
13:00–14:00	Lunch and Networking 🍴🍷			
14:00–15:30	National Consultation on the Draft Law on the Mental Health Care System in Ukraine (continued)	Selected inter-sectoral topic What do Multidisciplinarity and Interdisciplinarity mean to us, and do we use their full potential? This session is aimed at exploring current good practices of multi- and interdisciplinarity at the level of mental health service and system. It will also elaborate on existing threats and barriers and explore the ways to address those while building the mental health system in Ukraine.	Task Sharing & Task Shifting to address mental health worker shortages and improve access to services Task sharing is a key strategy for developing mental health system and ensuring mental health service coverage in our days. This session will elaborate on how to use the opportunities offered by task sharing while maintaining the high quality of care.	Global standards for mental health diagnostics Overview of Chapter VI of International Classification of Diseases (11th Revision): Clinical descriptions and diagnostic requirements for mental, behavioural and neurodevelopmental disorders
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15:30–16:00	Coffee break ☕			
16:00–17:00	Summary panel discussion: Transforming mental health system & services at times of crises			
17:00	Dinner 🍴🍷			

Day 3 (28 November 2024)

Time (GMT+2)	Main Hall	Hall 1	Hall 2	Hall 3
10:00–11:30	<p>“Marketplace”: intro- & inter-oblast networking for ideas, support, and inspiration</p> <p>This year’s “Marketplace” will bring together public service providers and various non-governmental actors working at community level in 24 oblasts of Ukraine and Kyiv.</p> <p>The session is co-hosted by the Mental Health and Psychosocial Support Technical Working Group (MHPSS TWG) Ukraine.</p>	<p>Workshop: Early experience of community-based mental health services in Ukraine and the way forward</p> <p>New community-based mental health services have been introduced in both primary and specialist health care settings in Ukraine in recent years. These services are aimed at creating a network that offers more accessible and acceptable care than the one provided in institutions, help prevent human rights violations and deliver better recovery outcomes.</p>		Workshop: Human-Centred Design
11:30–12:00	Coffee break ☕			
12:00–13:00	“Marketplace” (continued)	Workshop: Early experience of community-based mental health services in Ukraine and the way forward (continued)		Workshop: Human-Centred Design (continued)
13:00–14:00	Lunch and networking 🍴			
14:00–15:00	“Marketplace” (continued)			
15:00	Wrap-up and closure of the Forum			

We look forward to welcoming you at the 2nd Mental Health Forum “Human Resilience ↔ System Resilience”.

With best regards,
Forum Organizers

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